

The Dream Workshop:

The Secret Language of Dreams

A fascinating and practical exploration of dreams – the windows to the depths of our nature.

In this 1-day workshop you will learn to:

- *understand the language of dream images;
- *work with the messages that your dreams present in order to manifest them in the outer world;
- *deepen your self-awareness and find more fulfillment in your life;
- *develop your intuition and imagination.

This workshop will focus on the interpretation of dream images from a psycho-spiritual perspective.

You are invited to bring along your dream journal to work on difficult dreams from the past as well as the fresh dreams evoked by participating in the workshop.

We will use a variety of creative and innovative approaches to dreamwork to deepen our relationship to the world of dreams. The emphasis will be on the practical application of dream insights to help us bring about creative change in our lives.